



THE PERIOD JUNCTION

conference to unite the menstrual movement

DRAFT CONFERENCE AGENDA

Interactive Components To Be Included

- ✓ All-Day Interactive Room Simulations
- ✓ (Move)ment in Menstruation: Dance Workshop
- ✓ Live Thought-Provoking Performance
- ✓ Intentional Networking
- ✓ Break-Out Sessions To Learn A New Skill & Connect With Your Innermost Self

Themes At The Conference

- 1 Tradition, Taboos, Myths & Misconceptions**
Preconceived concepts that exist within the discourse of menstruation in culture, religion, and education that shape the perception of menstruation. Etc.
- 2 The School Context**
How to be most effective with menstrual education in the school-setting. What elements of menstrual education are the most pertinent? What's been working and what hasn't? How can we be intentional in this learning space? Etc.
- 3 (Men)struation: Involving Boys & Men In The Discussion**
Males are the other half of the menstrual movement, so how can we engage them to support this work? What is necessary in the education space for boys in regards to menstruation? Etc.
- 4 Civil Society, Policy and Advocacy**
How does menstruation affect the workplace? What policies exist or need to be put in place to aid this work? How are we tackling the movement from a structural level? Etc.
- 5 Medical & Resesarch**
Where the does research stand on menstrual health and what are the gaps? The intersection of inclusion & menstruation: the experience of people with disabilities, in prisons, homelessness, etc. How can we empower women with menstrual abnormalities and women who are going through menopause? Etc.
- 6 Media, Arts and Theatre**
In what ways is menstruation portrayed in the media, such as in movies or journalism, helping and hurting the work in this space? How can we use art and theatre as mediums to maximize the effectiveness of menstrual education and female empowerment? Etc.
- 7 Products**
How is menstrual health product development, including apps, books, cups/pads, aiding the movement? Where does product development need to come into play? Where do we stand on the waste management debate? How are we making sure that product development is for the people and not the consumer? Etc.
- 8 Start-Up/ Innovations**
We will be having an all-day hack-a-thon at the conference for need-knowers to problems in the menstrual health space and in womens safety and innovators will compete to come up with tangible solutions to these problems
- 9 Corporate Social Responsibility**
How can we engage CSR in aiding this work? How can we magnify the importance to corporates? Etc.
- 10 Sustainability of the Movement**
What is the recipe for a sustainable collaborative menstrual health movement? What tangible steps can we take post-conference to nurture and utilize a collaborative front? Etc.

Confirmed Speakers

- ✓ **Nithin Sridhar**, Editor, IndiaFacts & Author, Menstruation Across Cultures: A Historical Perspective
- ✓ **Archana Tewary**, Partner, J. Sagar Associates & Sexual Harassment Activist
- ✓ **Meenakshi Giridhar**, Delivery Lead, Durga
- ✓ **Dr. Pallavi Joshi**, Psychiatrist & International Presenter on Mental Health
- ✓ **Rashmi Shetty**, Certified Coach, Founder & Director of The Third Eye
- ✓ **Jayantika Ganguly**, Principal Associate, J.Sagar Associates
- ✓ **Meenakshi Giridhar**, Delivery Lead, Durga
- ✓ **Anusha Bharadwaj**, Founder, CEO, Voice4Girls
- ✓ **Geeta Bora**, Founder, Menstrupedia
- ✓ **Dr. Meenakshi Bharath**, Gynecologist, Fertility Specialist and Sustainability Activist, Green the Red